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High Chemical Company
3901 Nebraska Avenue, Suite A
Levittown, PA 19056

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Dear High Chemical Company:

I use Sarapin in treating patients in my practice in New York.

My Protocol for the treatment of Interdigital Neuromas using Sarapin is as follows:

Protocol 1) I mix 1 cc of Sarapin with 2 cc of lidocaine 1 or 2% with or without epinephrine and 1/8th cc of dexamethasone. I palpate the area for the focal area of pain and slowly inject.

Protocol 2) I inject 2 cc of pure Sarapin into the focal area of pain with no lidocaine and no steroid. Some doctors are getting better results with pure Sarapin.

Protocol for Heel Pain is as follows:

2 cc lidocaine 2% and 1 cc of Sarapin and .25 cc of dexamethasone phosphate. This can be injected directly into the area of pain or with the use of diagnostic ultrasound.

Protocol of Achilles Heel Pain is as follows:

Inject 2 cc of Sarapin mixed with 1 cc of lidocaine with or without epinephrine. I DO NOT use any steroid around the area of the Achilles tendon and find that this treatment will often bring permanent relief after just one injection.

Protocol for other areas of Foot Pain is as follows:

Use 1 cc of Sarapin mixed with .25 cc of dexamethasone phosphate and 1-2 cc of lidocaine. Do not use steroid around any tendon.

I give you permission to share this information with other professionals.

Thank you,

Dr. Elliot T. Udell, D.P.M., D.A.A.P.M., F.A.S.P.M., F.A.S.P.D.

*Fellow of The American Society of Podiatric Medicine
Fellow of The American Society of Podiatric Dermatology
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